



## Building Direction for Families

Buchanan, Delaware, and Fayette Counties

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An Empowerment / Decategorization Initiative

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### Decategorization Project Annual Services Plan

Fiscal Year 2010

September 24, 2009

Prepared by: Erin Monaghan, Program Coordinator

**Vision and Mission:** All children beginning at birth, through age 18, will be healthy and successful. Families are at the heart of our communities. We envision families growing and prospering in communities that promote family self-esteem, self-sufficiency and self-determination

### Organizational Structure

BDF serves as the area board for Community Empowerment, Decat and Community Partnership for Protecting Children for Buchanan, Delaware and Fayette Counties. In accordance with our by-laws, the make-up of the 17 member board is a balanced representation from each of the three counties.

The Board meets ten times per year, acting on recommendations received monthly from work groups, an Advisory Council and Supervisory Committee. Communication flows through the Program Coordinator to work groups, the community and service providers. At the monthly board meetings, the Program Coordinator provides the board with a summary of program activity and pending issues for discussion and/or action. Providers and Work Groups also regularly present to the board.

Starting from the ground up, the board has several work groups that meet regularly. These work groups are made up of community members, providers and other interested parties. The work groups represent areas identified as priorities of BDF: Early Learning, Early Child Care, Parent Education, Health, School Age Youth, Neighborhood Networking, Family Team Meetings, Policies and Procedures. Work groups provide research and data as well as first hand observations and experiences resulting from direct service work. The board regularly reviews this information at monthly board meetings. The work groups also allow for networking, collaboration and communication of program updates.

The Shared Decision Making Team (SDMT) brings together area law enforcement, local Prevent Child Abuse Councils, domestic violence, faith, mental health, schools, DHS and JCS representatives. The SDMT is chaired by a BDF board member and facilitates information exchange between the SDMT and the Board. The SDMT meets every other month and is responsible for recommending the yearly plan of work and budget.

The Advisory Council is chaired by the Vice Chair who is joined by representatives from JCS, DHS, citizens from each county and board members from each county. The Advisory Council meets throughout the year to review input from the community, the state, work groups as well as statistical data that is collected annually from various state agencies. The Advisory Council reports the results of their data analysis and suggests areas of priority and need to the Board. The Advisory Council also reviews and scores all funding proposals before making funding recommendations to the full board. This process ensures that our funding is consistent with the identified needs and priorities in the BDF area.

Current members of the Board include:

- 1 Faith Representative
- 1 DHS Representative
- 1 Health Care Representative
- 1 Educator
- 1 Business Representative
- 2 Consumers
- 1 Juvenile Court Services Representative
- 4 Elected Representatives
- 4 Citizen Representatives

## **FY10 Planning**

The recommendations from the Advisory Council and accepted by the Board focused on:

- Program coordination
- Early Intervention
- Support of Community Partnership for Protecting Children initiatives
- Support of Community Based Child Abuse Prevention initiatives
- Transportation
- Wrap-around services
- Mental Health services
- Family Team Meetings
- Aggression Replacement Therapy
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Progress reports and performance data will be reviewed by the board quarterly with a midyear review and planning session scheduled. This allows for necessary adjustments to be made before year end. This planning also coincides with release of actual carryover funds available for use and would also allow for appropriate budget and contract amendments.

### **FY10 Program Goals**

We continue to address our long term goals and have implemented changes in FY10 that we believe will allow us to serve more children and families. At the end of FY09, we transferred \$20,000 to Community Circle of Care (CCC) and will transfer additional funds to CCC in FY10. These funds will be used for wraparound services as well as early intervention services. We believe that this new partnership will create a better referral system that will allow us to serve more families.

Based on community and work group input, we continue to see a need for services beyond those outlined above in 'FY10 Funding'. This would include services such as respite, crisis care and services, as well as additional early intervention services. It is believed that CCC's flexibility and wide range of service providers will provide more opportunity to address those needs in a wraparound program.

Another goal for FY10 is to develop a more cohesive program. We have mapped out ways to improve information flow, networking and collaboration for all programs, service providers and stakeholders for CPPC, CBCAP, Decat and Empowerment. This streamlining will allow for better partnering between programs and make for a more efficient use of resources.

In addition to programming and service goals, we have identified a need to shore up contract monitoring and performance reviews. A system is in place to implement a standardized reporting tool for all service providers. This will be used to collect input measures, output measures, quality and efficiency measures and outcome measures. Using this across the board with all providers will allow for consistency of reporting as well as improve oversight of contract performance.

This information will be compiled and presented to the Board and Advisory Council on a quarterly basis. Additionally, this information will be incorporated into contract monitoring during

site visits with providers and, it will be shared with BDF work groups. We believe that sharing such information with work groups will foster more collaboration and awareness of all the services available in the BDF area. This system will be used across the board for CBCAP, CPPC, Decat and Empowerment.

## **FY10 Services**

### Family Team Meetings

Facilitation of family team meetings will be provided for the purpose of engaging families in services, assist in developing a family plan, identify resources and support needed by the family, encourage discussion around safety and permanency and to reduce the number of out of home placements for children. Referrals will be made by DHS personnel.

### Early Intervention

The goal for early intervention services is to stabilize the family environment while preventing out of home placement of the child/youth and avoid entering the DHS and/or JCS system. Referrals may come from schools, AEA personnel, JCO's, JCSSL's, DHS and parents.

Priority will be given to youth who do not have access or who have difficulty accessing other grants or resources. The target population is youth age 11-16.

A plan will be developed with the family addressing safety, permanency, strengths and needs of the family and to assist with referrals to community based agencies. Goals include: 75% of family team meetings will be scheduled within eight working days, 75% of referred youth will remain out of the DHS and JCS system at close of service and 75% of families will report being satisfied or highly satisfied with services as reported on a close of service satisfaction survey.

### Transportation

With approval from the DHS Area Supervisor, this contract will provide supervision, transportation and monitoring services for children to and from scheduled visitations and court appointments. These services are not available to families and children receiving DHS Safety Plan Services or DHS Safety and Permanency Services.

### Mental Health Services

This program serves Juvenile Court Services involved youth on informal probation and their families, and for Department of Human Services youth and their families. It will provide screening, assessment, information and referrals, skill building, therapy and service coordination in Buchanan, Delaware and Fayette Counties.

### Aggression Replacement Therapy

This program provides a 10-week session of the Aggression Replacement Therapy program in Fayette and Buchanan Counties for juveniles with an informal adjustment referred by the Juvenile Court Officer. The goal is to have 70% of the referred youth complete the program and that 50% of the referred youth will not reoffend.

## Overview of Area Assessment

### Narrative summary of surveys completed by CCC and area providers

- Lack of social skills including aggression, bullying and lack of morals as well as a decline of successful youth in our communities.
- There is a large need for respite or crisis care for youth. Families with high need kids are looking for programs that will help the child and provide a respite for parents.
- Youth report a lack of activities outside of school. Peer pressure to use drugs, alcohol and sex is strong.
- Youth report interest in more opportunities to attend counseling and therapy programs.
- The use of an intensive two week crisis intervention program could be very beneficial to help kids get back on track and stay out of the court system.
- There is an ongoing need for programs such as life skills, responsibility, study groups, and after school programming.
- 50% of the referrals received by Four Oaks do not qualify for Title 19. There is a need for programs to serve uninsured or underinsured youth.
- One survey administered at three area schools found that the top three things youth would change about their communities were: 1) Drugs, alcohol and cigarette usage, 2) They want more to do such as youth groups, sports, parks, clubs, and places to hang out. 3) These students are concerned for their safety, about sex offenders and about violence in their schools.

### Other data relevant to BDF youth:

- In the 2008 Iowa Youth Survey, 25% of 6<sup>th</sup> graders admitted to drinking alcohol at the age of 12. 49% of 6<sup>th</sup> graders say they had been the victim of bullying in the past 30 days.
- In a state survey done by Operation Threshold of 5,473 lowans, 1041 stated the greatest challenge facing their household was health care costs. 42% of respondents had no health insurance coverage.
- Other than Rural Transit, there is no public transportation in the BDF area.

### BDF Area indicators include:

Child Abuse incidence 0-5 (found cases)	<a href="http://www.dhs.state.is.us">www.dhs.state.is.us</a>	2003 144/47%	2006 124/44%	2007 112/47%	2008 81/45%	Goal: 40% by 2011  (53.1% is the state average)
Number of births to women under age 20	<a href="http://www.idph.state.ia.us">www.idph.state.ia.us</a>	2001 58 of 712 =8%	2006 49 of 786 =6%	2007 55 of 777 =7%	2008 79 of 709 =11%	Goal: 6% by 2011  In 2008 there were 3,620 births to teenage mothers =11%
Number of Licensed and	CCR&R	No baseline			2009 84 homes	Goal: To increase open slots by 10% by 2011.

registered daycare and preschool slots available		available			w/ 936 slots available  13 Licensed /Exempt Centers: 892 slots available  25 Preschools w/ 500 slots available	To increase awareness parents as to childcare availability and accessibility.
Number of Licensed and Registered daycare providers	www.dhs.state.is.us				2009/111	Goal: Increase the number of licensed and registered home daycares to 100% compliance.
Immunization rate by age 2	Iowa Department of Health	2006 is baseline	84.3%	93.3%	75.4%	Goal: 60% by 2010 school year
BDF Children living in poverty	Iowa Kid's Count 2008	2006 is baseline	12.6%	14.56%	N/A	
High School Graduation Rate	Iowa Kid's Count 2008	2006 is baseline	21.43%	20.33	N/A	
Teen Births (15-19)	Iowa Kid's Count 2008	63 births (2.63% of female's age 15-19 in BDF in 2006 baseline)	55 births (2.3% of population)	79 births (11% of population)	N/A	
Number of children in foster care (unduplicated)	DHS/State Data Center	2005 baseline of 181	144	142	N/A	
Number of juvenile Arrests	JCS	2005 baseline of 448	485	495	N/A	
Number of	JCS	2006 baseline	150	189	N/A	

Informal Adjustments		of 150				
Number of Formal Cases	JCS	2006 baseline of 38	38	65	N/A	

### FY10 Budget

<b>Funding</b>	<b>Amount</b>
FY09 Decat Carry forward	\$74,281.00
FY10 Decat Allocation	\$33,916.00
FY09 Child Welfare Transfer	\$29,000.00
FY09 JCS Transfer	\$17,500.00
<b>TOTAL AVAILABLE</b>	<b>154,697.00</b>
<b>Contracts</b>	<b>Original Amount</b>
ART/Four Oaks	14,376.00
Coordination of Services/DCE	25,819.00
Early Intervention/LSI	\$50,000.00
Mental Health Services/Families Inc.	\$10,000.00
<b>TOTAL CONTRACTED</b>	<b>100,195.00</b>